



# 2017 AUSTRALIAN UNIGAMES

Gold Coast, QLD 24 - 29 Sep

## TAEKWONDO PROGRAM – FINAL

### DAY 1: SATURDAY 23<sup>TH</sup> SEPTEMBER

#### Court 1 Time

09.00am

10.30am

10.30am-12.30pm

12:30pm

01.30pm

02.00pm

03.00pm

#### Event

Yellow Belt Individual Poomsae

Blue Belt Individual Poomsae

Athlete weigh-in for Sunday Sparring

Lunch

Pairs Poomsae (same & mix gender)

Creative (Freestyle) Poomsae

Medal Ceremony & Finish

#### Court 2 Time

09.00am

11.00am

10.30am-12.30pm

12.30pm

01.30pm

02.00pm

03.00pm

#### Event

Black Belt Individual Poomsae

Red Belt Individual Poomsae

Athlete weigh-in for Sunday Sparring

Lunch

Team (same gender) Poomsae

Creative (Freestyle) Poomsae

Medal Ceremony & Finish

As at 22/9/2017



## DAY 2: SPARRING/KYORUGI PROGRAM – FINAL

### DAY 2: SUNDAY 24<sup>TH</sup> SEPTEMBER

Time	Event
07.00am	Doors Open, Officials Arrive
<b>08:30am</b>	<b>Team Manager/Coaches Briefing</b>
09.00am-09.10am	Opening ceremony including Athlete and Officials' Oaths and National Anthem
09.00am-01.00pm	Sparring
01.00pm-02.00pm	Lunch
02.00pm-04.30pm	Sparring
04.30pm	Medal Ceremony & Demonstration

**Please Note – As per standard competition guidelines, a final sparring competition draw will not be released until the morning of competition.**

As at 22/9/2017