

TAEKWONDO (men and women)

2016

AUS Taekwondo competitions are conducted in accordance with the rules of the [World Taekwondo Federation](#) (WTF) as adopted by Sports Taekwondo Australia Limited (STAL), except where these differ from AUS sports rules; in which case the latter shall take precedence.

1. Team/squad size

- 1.1. Each team can enter a maximum of 4 competitors per weight division/discipline per belt colour grade.

2. Competition format

- 2.1. WTF rule applications are:
- General: Rules 1, 3, 6, 8, 9, 10
 - Sparring: Rules 2, 4, 5, 7,
 - Poomsae: Rules 5.1, 7.1 (except for no mouth guard), 11, 12, 13
- 2.2. The competition will include Poomsae and sparring contests.
- 2.3. The draw for each division shall be made randomly, however an adjustment may be made to prevent contestants of the same university competing in the first round.
- 2.4. Seedings will be utilised where possible for the nationally ranked black belt players, to avoid top ranked players meeting in the early rounds.
- 2.5. Weigh in will be held the day before the start of sparring competition.

3. Contest duration

- 3.1. The duration of the contest is as per WTF rules with the following exceptions:

BELT	MEN		WOMEN		REST PERIOD
	No. of rounds	Round duration	No. of rounds	Round duration	
Black	3	2 minutes	3	2 minutes	30 seconds
Red	2	1 minute 30 secs	2	1 minute 30 secs	30 seconds
Blue	2	1 minute 30 secs	2	1 minute 30 secs	30 seconds
Yellow	2	1 minute 30 secs	2	1 minute 30 secs	30 seconds

4. Weight divisions

- 4.1. There will be 4 colour grades: yellow, blue, red and black.
- 4.2. Competitors MUST show proof of rank at the weigh in or will be disqualified.
- 4.3. Competitors who are non taekwondo aligned will be placed in the colour grades in accordance with their years of experience and training in their respective martial arts.
- 4.4. Competitors must declare their ranking at the time of registration and must show proof of their respective ranking at the weigh in.
- 4.5. Weight divisions are divided as follows:

MEN		WOMEN	
Under 54 kg	Not exceeding 54 kg	Under 46 kg	Not exceeding 46 kg
Under 58 kg	Over 54 kg & not exceeding 58 kg	Under 49 kg	Over 46 kg & not exceeding 49 kg
Under 63 kg	Over 58 kg & not exceeding 63 kg	Under 53 kg	Over 49 kg & not exceeding 53 kg
Under 68 kg	Over 63 kg & not exceeding 68 kg	Under 57 kg	Over 53 kg & not exceeding 57 kg
Under 74 kg	Over 68 kg & not exceeding 74 kg	Under 62 kg	Over 57 kg & not exceeding 62 kg
Under 80 kg	Over 74 kg & not exceeding 80 kg	Under 67 kg	Over 62 kg & not exceeding 67 kg
Under 87 kg	Over 80 kg & not exceeding 87 kg	Under 73 kg	Over 67 kg & not exceeding 73 kg
Over 87 kg	Over 87 kg	Over 73 kg	Over 73 kg

- 4.6. If there are less than 4 competitors in one weight category, adjoining weight classes may be combined to create a single weight classification. The amalgamation of weight divisions will be at the competition managers discretion.
- 4.7. If a sparring competitor is uncontested, they may only move up one belt and/or one weight division. i.e.- A yellow belt cannot contest against a red or black belt.

5. Poomsae competition

- 5.1. Only WTF style taekwondo poomsae will be judged in the traditional taekwondo poomsae.
- 5.2. Competitors from non WTF taekwondo styles and other martial arts styles can enter the creative poomsae with music category divisions.
- 5.3. Poomsae categories contested:
- Individual traditional taekwondo poomsae
 - Male and female competitions
 - Pairs traditional taekwondo poomsae
 - Mens, womens and mixed competitions
 - Minimum 2 competitors maximum 6 competitors per team
 - Teams traditional taekwondo poomsae
 - Mens and womens competitions
 - Maximum of 3 competitors per team
 - Individual creative poomsae with music
 - Male and female competitions
- 5.4. Yellow, blue and red belts perform 2 poomsae each:
- Yellow belts Taeguk 1 + 2
 - Blue belts Taeguk 3 + 4
 - Red belts 6 + 7
- 5.5. For black belt traditional taekwondo poomsae, players will follow the WTF poomsae championships format, including preliminary round, semi final and then final:
- Preliminary round
 - Each player will perform 2 forms from a selection of taegeuk 6, 7, 8, koryo, keumgang, taebek, pyongwon and sipjin poomsae randomly drawn by the head judge. The top 50% of the players will advance to the semi final round
 - Semi final round
 - Each player will perform 2 forms from a selection of taeguk 6, 7, 8, koryo, keumgang, taebaek, pyongwon, sipjin randomly drawn by the head judge. The final top five (5) players will advance to the final round
 - Final round
 - Each player will perform 2 forms from a selection of taeguk 6, 7, 8, koryo, keumgang, taebek, pyongwon and sipjin randomly selected by the head judge. If a form is repeated twice in the preliminary and semi-final rounds, that form cannot be used in the final round.
 - Medals will be awarded for 1st, 2nd and 3rd placing
 - In the event that there are less then 20 entries in a division, there will be no semi final round
- 5.6. Poomsae judging will be based on the WTF poomsae judging criteria which is 40% for technical accuracy, 60% for presentation.
- 5.7. Where there is a tied score, the competitor with the highest average presentation score will be declared the winner, if that is also a tied score then a sudden death play off will be conducted and the judges will each declare one winner, with the majority of the judges winning decision being declared the winner of the sudden death play off.
- 5.8. A minimum of 2 competitors will constitute a match per division otherwise the division will not be contested.
- 5.9. For teams traditional taekwondo poomsae, the format will follow that of the individual taekwondo format, such as for judging criteria and performing only 1 poomsae to be selected by the team
- The selected poomsae must be from the range of poomsae of the highest team member. The range of poomsae is shown in rule 5.4



- b) A competition will be held for each belt colour, unless team numbers in each belt colour are insufficient to warrant an individual belt colour category. In which case coloured belts may be grouped to accommodate. Black belts will not be grouped with any other colour.
- 5.10. For creative individual poomsae with music
- A competition will be held for each belt colour, unless team numbers in each belt colour are insufficient to warrant an individual belt colour category. In which case, coloured belts may be grouped to accommodate. Black belts will not be grouped with any other colour.
 - The gender division will be male and female for each mixed colour belt and black belt divisions
 - All poomsae moves must be standard taekwondo techniques and/or martial art moves, and shall constitute at least 90% of the total moves
 - No weapons or props are allowed
 - All contestants must wear a minimum of the white taekwondo pants
 - All competitors must provide their own music piece (in CD format). The maximum time limit is one and a half minutes

6. Disputes

- If there is an objection to a judgment, a team manager must submit an application for re evaluation of decision (protest application) to the board of arbitration within 10 minutes after the pertinent contest with the prescribed fee.
- Deliberation of re evaluation shall be carried out excluding those members with the same team/ university as that of either contestant concerned and resolution on deliberation shall be made by majority.
- The members of the board of arbitration may summon the refereeing or judging officials for confirmation of events.
- The resolution made by the board of arbitration would be final; however, if the contestant still wishes to appeal, the team manager must submit an application for re evaluation of decision to the AUS disputes committee together with the prescribed fee within 1 hour after the pertinent contest.

7. Point score

- The overall champion university shall be decided on the combined results of all men's and women's events with points awarded as follows:
 - First: 5 points
 - Second: 3 points
 - Third: 1 point
- In the event that two or more teams are equal on points, the champion shall be the team with the most division winners.
- In the event that 2 or more teams are still equal, they shall be joint winners.

8. Uniform requirements

- Each athlete shall wear the uniform of their university. The university shall submit a description of its uniform if requested.
- The specific uniform requirements for Taekwondo are as per the national sporting organisation standard with the following AUS uniform requirements:
 - White WTF taekwondo uniform (dobok) and protectors recognised by the WTF
 - The contestant shall wear the protective equipment as follows:

EQUIPMENT	WEARING	MALE	FEMALE
Head Protector (white, red or blue colour only)	On head	Compulsory	Compulsory
Head Protector (electronic Daedo/KP&P)	On head	Compulsory (supplied)	Compulsory (supplied)
Trunk Protector (full coloured red or blue)	On body	Compulsory	Compulsory
Trunk protector (electronic, Daedo/KP&P)	On body	Compulsory (supplied)	Compulsory (supplied)
Groin Guard (white)	Inside uniform	Compulsory	Optional
Forearm Guard (white)	Inside uniform	Compulsory	Compulsory
Shin Guard (white)	Inside uniform	Compulsory	Compulsory
Mouth Guard (white or clear)	In mouth	Compulsory	Compulsory
Instep Guard (white)	On foot	Optional	Optional
Instep Guard (white, electronic Daedo/KP&P)	On foot	Optional*	Compulsory
Women's Breast Guard (white)	Inside uniform	N/A	Optional
Hand Protector (Gloves) (white)	On hands	Compulsory	Compulsory

*In 2016 if Instep Guard (white electronic Daedo/KP&P) cannot be provided by the participant, a communal guard will be available for use by those who are entering the sparring competition.

8.3. Minimum uniform requirements for AUS events must be met:

- A competitor must not use equipment or wear anything that is dangerous to him/herself or another competitor (including any kind of jewellery)
- Long or sharp fingernails are to be trimmed short
- All participating competitors are to be correctly attired in appropriate, matching team uniforms
- Exceptions may be made for some sports in cold weather, providing permission is granted by the appropriate officials. Additionally the exceptions will only be granted providing they are the same colour, and the extra clothing does not cover up any identification numbers or colours
- All numbers on shirts need to be clearly visible, and in a contrasting colour to the dominant colour of the shirt
- Mouth guards are strongly recommended for all sports where there is a potential for collision. It is compulsory to wear a mouth guard in those sports where it is stated
- All participants must retain the one number throughout the tournament (if numbered jerseys are used)
- Numbers on shirts are restricted to one or two digit numbers
- Players should not take the field of play in any costume or part of a costume. If they do, players will be asked to remove costume items or incur a code of behaviour report

9. Award ceremonies

9.1. Medal ceremonies will be held at the completion of the competition.

9.2. Gold, silver and bronze medals will be presented to those finishing 1st, 2nd and 3rd in their division.

9.3. Pennants will be presented at the closing presentation to the following teams:

- For the Australian University Games
 - Overall mens champion
 - Overall womens champion

9.4. The following trophies will be presented to the overall champion team at the Australian University Games (note that trophies are presented at the closing presentation):

- Overall Champion University – Intersport Taekwondo trophy

Previous rule amendments

August 2001 | July 2004 | April 2005 | April 2008 | August 2009 | June 2010 | May 2012 | May 2014 | August 2015 | August 2016